Food Menu

OPEN 8.30AM – 3PM DAILY

Order at the counter · Fully licensed

Breakfast

SERVED UNTIL 11AM

FLAT HILLS BIG BREAKFAST **29.50**
Bacon, kransky sausages, eggs, creamy mushrooms, baked beans, hash brown and toast, served with relish. Eggs poached, scrambled or fried.

EGGS AND TOAST (V) **14.50**
Two eggs served with toast and relish. Eggs poached, scrambled or fried.

BREAKFAST STACK (GF) **27.50**
Three crispy hash browns layered with spinach, poached egg and hollandaise. Choose bacon, pulled pork or sautéed mushrooms (V)

CREAMY MUSHROOMS (V) **20.50**
Creamy mushrooms served on toasted ciabatta.

EGGS BENEDICT **24.50**
Poached eggs, fresh spinach and hollandaise on toasted ciabatta. Choose bacon, pulled pork or sautéed mushrooms (V)

GRANOLA (V) **17.50**
Toasted oats, seeds and nuts with banana, berry compote, yoghurt and milk.

PANCAKES (V) **22.50**
Four pancakes with banana, berry compote, maple syrup and whipped cream.

Breakfast Extras

Bacon (3), sausages (3), hash browns (2) **6.50**
Mushrooms (creamy or sautéed) **6.50**
Eggs (2), fresh spinach, baked beans **4.00**
Gluten-free bread **3.00**

Kids' Breakfast

SERVED UNTIL 11AM

TOAST + SPREADS (V) **8.00**
Two slices of toast with a selection of spreads.

KIDS' BREAKFAST **13.00**
One egg with buttered toast and your choice of bacon (2), sausages (2) or mushrooms (V)

KIDS' PANCAKES (V) **14.00**
Two pancakes with banana, whipped cream and maple syrup.

Kids' Breakfast Extras

Bacon (2), sausages (2), hash brown (1), mushrooms (creamy or sautéed) **4.50**
Baked beans, egg (1) **2.00**

Kids' Menu

SERVED UNTIL 2PM

KIDS' BURGER **15.50**
Beef patty, tomato sauce, mayonnaise, lettuce and a kids-sized side of fries.

KIDS' TOASTIE **12.50**
Choose 2 fillings from egg, pineapple, onion, ham, tomato, cheese or bacon, served with a kids-sized side of fries.

KIDS' NUGGETS **12.50**
5 chicken nuggets or 4 fish nuggets, served with a kids-sized portion of fries.

Burgers & Sandwiches

SERVED UNTIL 2PM

Add fries and/or salad +4.50

BURGERS **19.50**

Chicken Breast	BBQ sauce
Pork Rib	BBQ sauce
¼ Pound Lamb	Mint sauce
¼ Pound Beef	Tomato relish
Pulled Pork	BBQ sauce
Pumpkin & Quinoa (V)	Tomato relish

Served with onion rings, lettuce, carrot and tomato, with your choice of mayo or aioli.

BURGER EXTRAS

Cheese, bacon, pineapple **3.00**
Egg, beetroot, jalapeños **2.00**
Gluten-free bun **3.00**

TOASTED SANDWICH **10.50**
Choose 2 fillings: cheese, pineapple, onion, tomato, ham, egg, mushrooms, baked beans, chicken, bacon. Comes with a side salad garnish.

Extra filling **2.00**
Gluten-free bread **3.00**

DOUBLE-DECKER BLT **18.50**
4 pieces of bacon, lettuce and tomato, with relish and aioli on grain bread.

HOT ROAST MEAT SANDWICHES **15.50**
Roast lamb with mint sauce OR roast pork with apple sauce, served on fresh grain bread. Comes with a side salad garnish.

Snacks

SERVED UNTIL 3PM

BOWLS OF FRIES

Regular **7.50**
Large **9.50**

LOADED FRIES **16.50**
Bacon & cheese OR pulled pork & cheese, served with aioli on the side.

WEDGES

Plain **15.50**
Loaded (cheese and bacon) **19.50**
Both served with sour cream and sweet chilli sauce on the side.

NACHOS (GF) **18.50**
Choice of seasoned beef or vegetarian nacho mix, topped with melted cheese, served with sour cream on the side.

Snack Extras

Jalapeños or red onion **2.00**

Extra Sauce

Add to any item: BBQ, relish, aioli, mayo, sweet chilli or sour cream **1.00**

Seasonal specials

Our menu changes with the seasons. Check our specials board to see what is fresh and on offer right now.

Scan for our website

(V) vegetarian

(GF) gluten free

MOST OF OUR MEALS CAN BE MADE GLUTEN FREE

Swap in gluten-free bread or a gluten-free bun. Please let us know at the counter about any allergies or dietary requirements.

True country hospitality

5733 State Highway 1, Ōhingaiti, Rangitīkei · Café 06 322 9734
flathills.co.nz

FLAT HILLS Cafe and Tourist Park

Drinks Menu

BARISTA COFFEE · FULLY LICENSED

Order at the counter

Hot Drinks

	REG	LGE
FLAT WHITE	6.20	6.70
CAPPUCCINO	6.20	6.70
LATTE	6.20	6.70
MOCHA	6.20	6.70
CHAI LATTE	6.20	6.70
MATCHA LATTE	6.70	7.20
HOT CHOCOLATE	6.20	6.70
SHORT BLACK		4.70
LONG BLACK		4.70
AMERICANO		4.70
FILTER COFFEE WITH REFILL		5.00
KIDS' FLUFFY		2.50

Hot Drink Extras

- Extra shot — 1.00
- Make it decaf — 1.00
- Alternative milk — almond, coconut, soy, oat — 1.00
- Cream — 1.50
- Flavoured syrup — caramel, hazelnut, honey, vanilla — 1.00

Tea

- English Breakfast — 5.00
- Earl Grey — 5.00
- Herbal Teas — 5.00
- Honey, Lemon & Ginger — 5.00
- Tea for Two — 8.50

Beer, Cider & Wine

- Export · Tui — 8.50
- Heineken · Stella · Steinlager — 9.50
- Lite Beer — 9.00
- Heineken 0% — 8.00
- Cider — 9.00
- Pink Gin — 9.00

NZ WINE BY THE GLASS

- Sauvignon Blanc — 9.50
- Pinot Gris — 9.50
- Chardonnay — 9.50
- Pinot Noir — 9.50

Sparkling Sodas — 6.00

Refreshing fruit syrup of your choice with ice and soda water.

Flavours: Energy Strawberry & Watermelon*, Energy Lemon & Raspberry*, Pink Guava or Mango.

* contains caffeine

Shakes

- Milkshake — 7.00
- Thickshake — 8.00
- Kids' Milkshake — 4.00

Flavours: Banana, Banoffee, Caramel, Chocolate, Lime, Raspberry, Strawberry, Vanilla.

Iced Drinks

ICED LATTE — 7.90
A double shot of espresso poured over ice and topped with chilled milk.

ICED MATCHA — 7.90
Matcha served over ice with chilled milk.

Add a flavour shot +2.00: Energy Strawberry & Watermelon, Energy Lemon & Raspberry, Pink Guava or Mango

ICED AMERICANO — 6.90
A double shot of espresso served over ice with chilled water.

ICED CHOCOLATE — 8.90
Rich chocolate syrup blended with chilled milk and ice cream, topped with whipped cream.

ICED MOCHA — 8.90
Coffee syrup, chocolate syrup, chilled milk and ice cream, finished with whipped cream.

ICED COFFEE — 8.90
Coffee syrup, ice cream and chilled milk, topped with whipped cream.

Smoothies

- One flavour — 9.00
- Two flavours — 10.00

Blended with frozen fruit, a scoop of ice cream, flavoured syrup and milk for a deliciously creamy smoothie.

Flavours: Banana, Passionfruit, Mango, Berry.

Please let us know at the counter about any allergies or dietary requirements.

See you again soon

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